



Reflections

From the Chaps ~ March 2020

ANCHORED!



A phrase we Sailors know very well in the Navy, and smile when it happens, is "Anchored ... Shift Colors"! Not too very long ago, I was aboard one of our great Navy ships that had to anchor out in waters away from land instead of mooring at the pier. During our navigation brief the day before, there was a hardy discussion about the swift currents we would soon encounter and how important it would be to ensure we had good and accurate anchorage so we wouldn't drift into the dangerous shoal waters nearby. The entire leadership and navigation team did a great job of planning this out, and as they did so, I reflected on how it indeed resembles life. That if we are not vigilant and well-anchored in our core values and firm beliefs, there truly are strong currents in society that can drift us into the dangerous shoal waters of life. For example, following the crowd or the "current" of society with fads or popular trends usually isn't the healthiest thing for us, our loved ones or even society as a whole. And yet let's be honest, it is oftentimes the easier path to take, because everyone else is doing it and we just want to "fit in." So please listen to me my great Shipmates; we really need to do everything we can to resist this very common temptation. If you think about it, most all of the incredible men & women of history, and even of our modern times, are those who did not and do not follow the unhealthy trends, but who lower their anchor soundly on the principles of good morals and values they know to be true. It can be a challenge to fight the currents at times, but the rewards are great, knowing that you are not following the crowd as it drifts to and fro, but are standing up for what is good and right, both for yourself as well as for others. May God bless you Shipmates and families as we all anchor ourselves in our Navy Core Values of Honor, Courage and Commitment, and that of the Golden Rule where we truly treat others how we ourselves would like to be treated!

Food 4 Thought: *"If we are to go forward, we must go back and rediscover those precious values - that all reality hinges on moral foundations and that all reality has spiritual control."* —Martin Luther King, Jr.

A Second Helping: *"The world is a dangerous place to live, not because of the people who are evil, but because of the people who don't do anything about it."* —Albert Einstein

Dessert with a Smile: *"No man has a good enough memory to make a successful liar."* —Abraham Lincoln

RESOURCES & OPPORTUNITIES

Your USS JOHN C. STENNIS Religious Ministry Team
Called to Serve  *Looking Ahead!*



CDR Bill Stewart ~ Cmd Chaplain ~ William.Stewart@cvn74.navy.mil

LCDR Dave Duprey ~ PA ~ David.Duprey@cvn74.navy.mil

LT Jim Hinkle ~ DIVO ~ James.Hinkle@cvn74.navy.mil

RPC Tim Cambiado ~ DLCPO ~ Timothy.Cambiado@cvn74.navy.mil

RP2 Che'lese Bowman ~ LPO ~ Chelese.Bowman@cvn74.navy.mil

RP3 Bennett ~ RP3 Hogan ~ ABE3 Tyson ~ OS3 Martin ~ BM3 McKenley ~ SN Horne

Contact us for info or to set up an appointment at: J-7463 or 757-444-3258 or visit us at 2-121-1-Q

Note: All communications with any Chaplain or RP is strictly confidential!

Upcoming JCS RelMin Events & Training!



ASIST

2-Day Applied Suicide Intervention Skills Training

25-26 MAR; 22-23 APR; 20-21 MAY - Registration Required



safetALK

3.5 Hour Suicide Alertness & Prevention Training

17 MAR; 21 APR; 19 MAY – Registration Required

STENNIS WARRIOR ETHOS DEVELOPMENT GROUP presents: (All sessions held in the JCS Chapel)

⌘ **Christian Marriage Preparation:** Tues, 24 MAR at 0900 & Thurs, 26 MAR at 1400

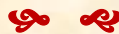
⌘ **Overcoming Addiction:** Tues, 24 MAR at 1400 & Thurs, 26 MAR at 0900

EASTER SUNDAY SERVICES ONBOARD ~ APRIL 12, 2020

Roman Catholic Easter Mass ~ JCS Chapel ~ 1000

General Christian Easter Service ~ JCS TRC ~ 1330

Register for Events by: Email CRMD-Register@cvn74.navy.mil, J-7463 or 757-444-3258



CREDO Events are Fun, Educational ... and FREE!



See upcoming events by visiting them on Facebook

<https://www.facebook.com/credomidatlantic/>



Care & Emergency Resources

Onboard JCS Medical J-7424 and Mental Health J-4202

FFSC (Fleet & Family Support Center) ~ 757-444-2102 ~ FFSC@NavStaNorfolk

Military OneSource ~ 1-800-342-9647 ~ www.militaryonesource.mil

American Red Cross for Military (+AMCROSS) ~ 1-877-272-7337

EMERGENCY: Call 911 immediately if you feel there is a life or death situation!

